

Metro Cebu  
**Rotary**  
Club



**Official bulletin of the Rotary Club of Metro Cebu  
District 3860 Philippines  
Admitted to Rotary International: 03 June 1978  
Club ID: 17123**

**The Rotary Club of Metro Cebu (RCMC) meets every 1st and 3rd Wednesday of the month  
12Noon at the Casino Español de Cebu, Ranudo St., Cebu City, Philippines**



# Rotary

## THE FOUR-WAY TEST Of the things we think, say, or do

The Four-Way Test is a nonpartisan and nonsectarian ethical guide for Rotarians to use for their personal and professional relationships.

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

## OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- FIRST:**  
The development of acquaintance as an opportunity for service;
- SECOND:**  
High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD:**  
The application of the ideal of service in each Rotarian's personal, business, and community life;
- FOURTH:**  
The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.



PEACEBUILDING AND  
CONFLICT PREVENTION



DISEASE PREVENTION  
AND TREATMENT



WATER, SANITATION,  
AND HYGIENE



MATERNAL AND  
CHILD HEALTH



BASIC EDUCATION  
AND LITERACY



COMMUNITY ECONOMIC  
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## The Rotarian Pledge

**I am a Rotarian.**

I will always uphold the truth.

**I am a Rotarian.**

I will always strive to be fair in all my dealings with fellow human beings.

**I am a Rotarian.**

I will always endeavor to build goodwill and understanding in my community, among my countrymen, and among people of all nations.

**I am a Rotarian.**

I will always seek to promote the greatest good for the greatest number of people in the spirit of Rotary service.

**I am a Rotarian.**

I will always observe the Rotary International motto:

**Service Above Self.**

*The National Rotarians World*



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## ROTARY CLUB OF METRO CEBU

### RI DISTRICT 3860, CLUB NO. 17123

Casino Español de Cebu  
Ranudo St., Cebu City

Meets every 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the Month, 12 NN

## WELCOME TO OUR BI-MONTHLY REGULAR MEETING

### October 16, 2024

# PROGRAM

1. Call To Order by Pres. Ma. Emma A. Ramas
2. Invocation, Philippine National Anthem and Rotary Hymn
3. Four Way Test
4. The Rotarian's Pledge
5. Introduction of Guest and Visiting Rotarians
6. Fellowship Singing
7. Guest Speaker: Anthony "Anton" Dignadice, Advocacy and Partnership Director of Ramon Aboitiz Foundation Inc.
8. Secretary's Report
9. President's Report
- 10 Other Matters
- 11 Adjournment



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DEVELOPMENT



ENVIRONMENT



## ROTARY HYMN

I want to be a Rotarian for the world  
Make the Rotary flag as the flag of peace unfurled  
I shall serve, my community, help achieve universal unity.

Through Rotary, I shall dedicate my all  
World understanding shall be my cherished goal

With the 4-way test, ill pursue my quest  
And if I, in a way help obtain  
Peace in the world, I shall not have lived in vain

I observe service above self  
Lend a hand to all who need my help  
I'll get my spouse to involve in Rotary  
And in Rotary ways, I will train my family

With the four way test, we'll pursue our quest  
And if we, in a way help obtain  
Peace in the world, we shall not have lived in vain.

Build a bridge for tomorrow's youth  
Strengthened by nothing but the truth

Let's join our hands, there's no reason we'll divide  
We shall all understand why the good Lord is our guide

With the four way test, ill pursue my quest  
And if I, in a way help obtain  
Peace in the world I shall not have lived in vain

Peace be achieved, we shall have not lived ....  
in vain.



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# WELCOME

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**Our Guest Speaker:**



**ANTHONY "ANTON" DIGNADICE**

**Advocacy and Partnership Director  
Ramon Aboitiz Foundation Inc.**



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# RI Corner



**WORLD POLIO DAY  
IS 24 OCTOBER**



## One Day. One Focus: Ending Polio

World Polio Day is a time for Rotary members, public health advocates, and all who want a world free from polio to come together, recognize our progress in the fight to end polio, and talk about the actions we need to take in order to end polio for good.

All donations are matched 2:1 by the Bill & Melinda Gates Foundation, tripling your impact!

[Donate Now](#)

### The Facts



1

Polio mainly affects children under age 5.

2

There is no cure, but polio is preventable with a vaccine.

3

Only two countries remain endemic.

4

We've reduced cases by 99.9% since 1988.

5

Until we end polio forever, every child is at risk.



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# Rotary International Calendar

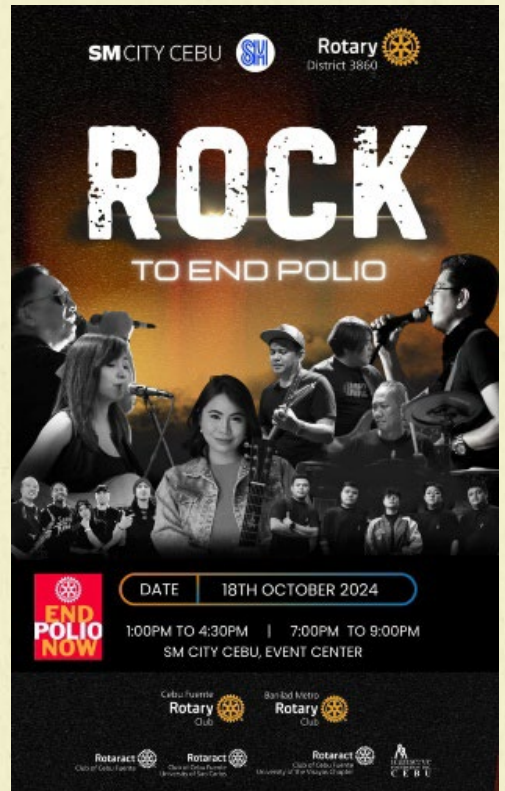
October 2024

Community Economic Development Month

7-13 October — Rotary Alumni Reconnect Week

24 October — World Polio Day

30 October–2 November — Rotaract UN Days:  
Future Global Leaders in Action



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# President's Time

Dear Fellow Rotarians,

Thank you for your support and participation in the activities conducted in the first two weeks of October.

We were truly honored and grateful to have Past District Governor Lilu Aliño as our distinguished guest speaker during our general membership meeting last October 02, 2024. Her topic about the power of public image resonates with our times. The importance of proper branding and responsible postings of our works in social and other types of media can help to promote our club and Rotary as a whole.

Last October 12, 2024, we delivered a very successful medical mission at the Tabor Hills community in Talamban, Cebu City. It was spearheaded by the power couple, PP Josefina Zabate and PP Jonathan Zabate. The beneficiaries were able to avail of the free medical and dental consultations and procedures from our club and partners. Free medicines and vitamins were also given.

We are thankful for the generous support of our members and our partners: Rotary Club of Cebu West, Cebu Doctors' Alumni Association and the Sacred Heart School PTA, and of course, our Rotaractors (Metro Cebu Community-Based and CIT-U) and Interactors (Interact Club of Sacred Heart School - Ateneo de Cebu).

My heartfelt thanks to all of you!



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ENVIRONMENT

# President's Time

We look forward to the remaining activities this October:

1. End Polio Day Joint Club Meeting:

- October 24, 2024, at Café Uno, Waterfront Hotel, hosted by the Rotary Club of Cebu.

2. Rock to End Polio & Fashion Show for Cancer Awareness:

- October 26, 2024, from 3:00 pm to 8:00 pm at the SM City Activity Center. This event, hosted by the Rotary Club of Banilad Metro, will feature a fashion show for Pink October from 5:00 pm to 6:30 pm, which will be sponsored by I Can Serve members.

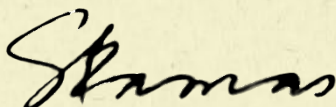
3. Fellowship Activity:

- On October 30, 2024, from 6:00 pm to 10:00 pm, at Chamber KTV (formerly Red Box) at the Terraces, Ayala Center or at the Casino Español de Cebu—venue to be confirmed by the members.

May I also enjoin everyone to support our fund-raising activity this November 28, 2024, the dinner/disco Generation X: Disco Inferno. Please let us show our support to make this event a success.

Thank you once again for your dedication and support and I look forward to seeing you all in our upcoming activities!

Yours in Rotary Service,



**MA. EMMA A. RAMAS**

President

Rotary Club of Metro Cebu



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ENVIRONMENT

# RCMC in Action

Past District Governor Lilu Aliño was our special guest speaker during the general membership meeting last October 02, 2024.

PDG Lilu gave a very significant talk about the “Power of Public Image” where she discussed the importance of promoting Rotary, our works and our branding, through all types of media.



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AND HYGIENE



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AND LITERACY



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ENVIRONMENT

# RCMC in Action



Last October 12, 2024, RCMC, together with its Rotaract (RAC Metro Cebu Community-Based and CIT-U Chapter) and Interact clubs, joined forces in delivering a medical and dental mission in Tabor Hills, Talamban, Cebu City.

The beneficiaries were able to avail of free medical and dental care by volunteer doctors and dentists, with free medicines and vitamins.



RCMC is thankful to have the following partners: Rotary Club of Cebu West, Cebu Doctors' Alumni Association and the Sacred Heart School PTA. They, together with the RCMC family, were able to make this project a success.



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AND TREATMENT



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AND LITERACY



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# Secretary's Time

Dear Fellow Rotarians,

Greetings!

Thank you for your attendance in today's meeting!

Here are the items discussed from the previous meeting:

1. The printed Tanlag is back with limited copies for the meantime, as budget for printing is being finalized. Mimi will submit a costing to Pres. Emma and the board for approval of the agreed budget.
2. Tanlag advertisements are open; Rtn. Adrian's advertisement has been acknowledged and his company logo will be included in subsequent prints.
3. A softcopy of the Tanlag will be shared by Rt. Bing for everyone to read.
4. There is a need to identify the club's flagship Projects and approved projects for the year with the corresponding budgets (i.e. Medical missions, dengue prevention, Bart's OSAEC, on environment etc.)
5. Reminding everyone to Focus on the club's fundraising activity, particularly on the min req of 2 tickets per member (P2,000 x 2 = P4,000).

We are counting on every one's support in the club's fundraising activity to ensure the implementation of the scheduled projects this year and the payment of all the mandatory RI and District financial obligations.

Thank you!

Yours in Rotary,



**Atty. Evelyn Trani Nuñez**  
Secretary  
Rotary Club of Metro Cebu



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DEVELOPMENT



ENVIRONMENT

# Upcoming Projects

CLEAR YOUR SCHEDULE ON THE  
FOLLOWING DATES!



**October 16**  
Wednesday

Board Meeting/Regular Meeting

Time: 12:00PM - 2:00PM  
Venue: Casino Espanol de Cebu  
Assessment Fee: P500

**October 24**  
Thursday

Joint Meeting

Time: 11:00PM - 2:00PM  
Venue: Cafe Uno, Waterfront Hotel  
Assessment Fee: P800

**October 26**  
Saturday

Rock To End Polio

Time: 3:00PM - 8:00PM

Venue: Activity Center, SM City Cebu

**October 30**  
Wednesday

Fellowship

Time: 7:00PM - 10:00PM  
Venue: Open Mic, Happy Valley



Breast Cancer Awareness Fashion Show

Time: 5:00PM - 6:30PM

Venue: Activity Center, SM City Cebu



## GENERATION X *DISCO INFERNO*

RCMC's fund-raising dinner and dance party!

It will be held this coming **NOVEMBER 28, 2024, 6PM** at the Grand Ballroom of the Casino Español de Cebu.

Tickets are at PhP2,000 per pax.

All RCMC members are obliged to buy 2 tickets each.



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AND LITERACY



COMMUNITY ECONOMIC  
DEVELOPMENT



ENVIRONMENT



### Invocation

Father Almighty, be part of our Rotary meeting and bless all of us so that we speak with the objective of helping others. Anoint our creativity, our ideas, and our energy so that even our smallest task may bring you honor.

Lord when we're confused, guide us. When we're weary, energize us. Lord, when we're burned out, infuse us with the light of your holy spirit. May the projects that we do and the way that we do it, bring hope, life and courage to all that we come into contact with and, Lord, even in this day's most stressful moments.

May we rest in you, In your strong and powerful name, we pray, Amen.



RI DISTRICT 3860

### Certificate of Attendance

This is to certify that \_\_\_\_\_ of the Rotary Club of \_\_\_\_\_ has attended the regular weekly meeting of the club on \_\_\_\_\_, 20\_\_ at the Casino Espanol de Cebu, Ranudo St., Cebu City.

\_\_\_\_\_  
President / Secretary  
RY 2024 - 2025



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AND LITERACY



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ENVIRONMENT

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**Rotary**  
Club



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CONFLICT PREVENTION



DISEASE PREVENTION  
AND TREATMENT



WATER, SANITATION,  
AND HYGIENE



MATERNAL AND  
CHILD HEALTH



BASIC EDUCATION  
AND LITERACY



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DEVELOPMENT



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